

Curriculum Highlight – Year 1

This week in Year 1, we had a big surprise when we discovered that the Three Little Pigs had been in our classroom and left it in a mess!

We worked together like detectives, spotting clues around the room and using them to make predictions about what might have happened.

The children shared their ideas, asked great questions, and had lots of fun piecing the story together.

Just when we thought the mystery was solved, we even got a visit from the Big Bad Wolf in the dinner hall! It was an exciting way to bring our learning to life and use our imaginations!



Cycle Safety

A reminder that it is good practice for all children to wear a proper cycle helmet when they are cycling on roads and around in the community. **This is for their own safety.**

Helmets can be picked up in Asda, Halfords and many other places from around £10. If you are struggling to get one, please speak to Miss Dunn.

Thank you for your support with this.

Events & Activities

Monday 22nd to Wednesday 24th September

Year 4 Conway Residential.

Please speak to staff if you have any questions or worries and we will try to help. Payment can be made up until February 2026

Tuesday 23rd September

Reception Parents Tea/Coffee Meeting
2.15 pm meet at the gate on the yard

Thursday 25th September

Whole School photographs (am)
(Non-school sibling photos from 8.30 am)

Monday 29th September

Harvest Festival Assembly – 9:15 am

Don't forget to follow us on




Open Evening


Thursday 25th September 5:30pm to 7:30pm


Learning to
shape the future.

www.uptonhigh.co.uk

Headteacher's Presentation at 5:30pm and 6:30pm - No booking necessary




 The Ellesmere Port
C of E College

 Ofsted
Good
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OPEN EVENING

TUESDAY 23RD SEPTEMBER 2025, 6:00PM - 8:00PM



We would like to invite all prospective pupils and their families to our Open Evening in September. Come and explore our school, meet our dedicated staff and see how we are the best school of choice for your child. We look forward to welcoming you!

We would like to invite all prospective pupils and their families to our **Open Evening on Tuesday 23rd September 2025 from 6:00pm.**

During our Open Evening, we will be able to provide parents with the guidance, reassurance, and information you need to feel confident in your choice.

During our Open Evening, you'll have the opportunity to:

- Explore our £25 million campus, right in the heart of Ellesmere Port.
- Meet our expert teachers and see how they inspire students to succeed.
- Meet our outstanding pupils and hear from them first-hand why we are the perfect choice for your child.
- Hear from our Head of School and Executive Head Teacher, who will share their vision for learning and the exciting opportunities available at EPC.

Tuesday 23rd September 2025, 6:00pm – 8:00pm

No booking required – make your way to our Main Entrance, located on Whitby Road

If you have any questions ahead of the event, please don't hesitate to contact us at transition@epcollege.org.

Can't make it to our Open Evening?

We'd love to welcome you at one of our Open Morning Tours instead!

- Monday 29th September 2025 from 10:00am
- Tuesday 7th October 2025 from 10:00am
- Wednesday 15th October 2025 from 10:00am
- Thursday 23rd October 2025 from 10:00am

[Click here to book a place at one of our Open Mornings.](#)

Dear Parents and Carers,

Please find below our new Live Well Newsletter from our colleagues in the Early Help and Prevention team at Cheshire West and Chester Council.

The Live Well Newsletter will be published bi-monthly to provide you with latest updates and information. It is also your opportunity to get involved, have your say and improve our Live Well/Local Offer Cheshire West Website.

- [Live Well Newsletter September 2025](#)



Our Early Help Navigator Olivia Ward, is in school on the following dates...

October 16th 2.30pm-3.30pm

November 20th 2.30pm-3.30pm

If you require any help or support from the list below, please call in and see her.

What support can a Navigator offer?

- Help Families Navigate what support is available
- Offer help, support and advice
- Be a listening ear
- Help family's complete forms
- Signpost a family to local and national services
- Attend GP appointments with a family
- Support families to access a school led TAF if needs are highlighted.
- Provide food/baby bank referrals

Parenting for Positive Behaviour

Kingsley Resource Centre
Coronation Road,
Ellesmere Port
CH65 9AA

The Mental Health Support Team (MHST) in Ellesmere Port is pleased to offer this 8 week evidence based intervention group for parents & carers who want to encourage better behaviour at home.



**10am -
12pm**

Wednesday 8th October

Session 1 - Learning about your child and their behaviour

Wednesday 15th October

Session 2 - Strengthening parent/child relationship through attention time

Wednesday 5th November

Session 3 - Self-esteem and Praise

Wednesday 12th November

Session 4 - Selective ignoring /withdrawing attention

Wednesday 19th November

Session 5 - Effective instructions and limit setting

Wednesday 26th November

Session 6 - Boundaries and Consequences

Wednesday 3rd December

Session 7 - Time Out/Calm time

Wednesday 10th December

Session 8 - Ending and trouble shooting

Please note you must book a telephone triage appointment with us before starting the group. These will be held on Tuesday 30th September and Wednesday 1st October.

Please email cwp.cheshiremhstadmin@nhs.net to book an appointment