

Westminster Community Primary School

PE Policy

Summer 2021

PE is an essential part of our curriculum. It develops pupils' physical competence and confidence and their ability to use these to perform in various activities. It promotes physical skill, physical development and knowledge of the body in action. PE provides opportunities for pupils to be creative, competitive and to face different challenges as individuals, in groups and teams. It develops positive attitudes towards an active and healthy lifestyle. Pupils learn to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness. Through this process, pupils discover their aptitudes, abilities and sporting preferences.

To enhance our work we ensure that we are active members of our School Sports Partnership. This allows us to work with other schools and enhance the opportunities we can provide for our children. We are proud of our School Games Mark journey over recent years and this has been made possible by the good work of our staff and children within this partnership. Our Primary Link Teacher works with the head teacher to ensure that children can access a range of activities. This link role also allows us to take part in a range of quality Continuing Professional Development opportunities for staff.

National Curriculum Subject Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Foundation Stage

During the Foundation Stage, young children are given the opportunities from the Early Learning Goals for Physical Development. Pupils are taught to move with confidence and in safety, with control and co-ordination. Using small and large equipment, they learn how to travel over, under and around obstacles.

Key Stage 1 and 2

PE is a foundation subject in the National Curriculum. As required, we teach dance, games and gymnastics in Key Stage 1. In Key Stage 2 we teach dance, games and gymnastics plus swimming and water safety, athletics and outdoor adventure activities.

Teaching and Learning and Inclusion

Westminster is a fully inclusive school and we strive to teach PE to all children, whatever their ability. PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PE teaching we provide learning opportunities that enable all pupils to make progress. We identify additional experiences for our children to take part in when we review our School Games Mark work each term and our children talk positively of these experiences. We work with providers to offer a range of extra-curricular clubs and experiences for our children and to signpost children and families to a range of clubs and experiences locally. (We recognise that we had to work differently during the Coronavirus pandemic and are now re-introducing clubs and experiences.)

Assessment for Learning

Teachers assess children's work in PE by making observations during lessons. Pupils are encouraged to evaluate their own work and to suggest ways in which to improve. At the end of a unit of work teachers record the progress made by children against the learning objectives. These records enable the teacher to report to parents and carers at the end of the year and can be passed on to the next teacher.

PE Kit

The kit requirements for PE can be found in the prospectus. This is sent to all new parents and is available on the web site.

Equipment and Resources

There are a wide range of resources to support the teaching of PE across the school. The majority of our equipment is stored in the school hall in an area secured with a roller shutter door. In order to keep the equipment in the best condition it is only accessible to children under adult supervision. We expect the children, from Foundation Stage through to Year 6, to help set up and put away this equipment as part of their work. By doing so, the children learn to handle equipment safely. The children use the school field for games and athletics and Ellesmere Port Sports Village swimming pool for swimming lessons.

Health and Safety

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect children to wear appropriate clothing for PE and for teachers to set a good example too. Further Health and Safety requirements are detailed in the CWAC recommended document 'Safe Practice in Physical Education and School Sport.'