

SCHOOL GAMES



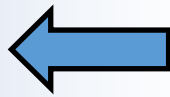
THE ACTIVITIES FOR HOME SCHOOLING



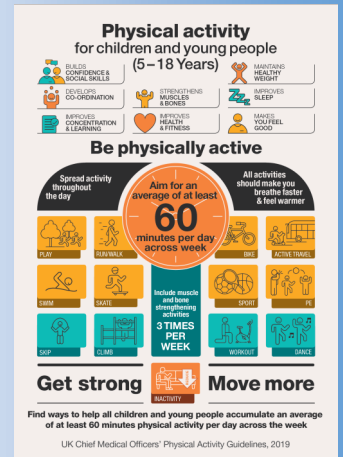
Please find some support with keeping your children physically active whilst at home. The Government say that our children should be doing at least 60 minutes activity a day. We all know how important physical activity is for our physical and mental health.

SCHOOL GAMES ACTIVE CHAMPIONSHIP

Video coaching and free resources to keep children active during school closures.



To find out more please click here



Join the Movement and use #StayInWorkOut

Click on the link for great video to inspire 60 minutes activity



#StayHomeStayActive



Brilliant NGB Activities



GULP

